

Ching-Ju Chiu (邱靜如), Ph.D.

Curriculum Vitae

Institute of Gerontology, College of Medicine
National Cheng Kung University
No. 1, University Road, Tainan 70101, Taiwan

Phone: +886-6-2353535 ext. 5739
Fax : +886-6-3028175
Email : cjchiu@mail.ncku.edu.tw

CURRENT POSITION

2024.08-迄今 國立成功大學 老年學研究所 所長

2019.08-迄今 國立成功大學 老年學研究所 教授

EDUCATION

2009 博士 美國賓州州立大學 生理行為健康所
指導教授: Dr. Linda A. Wray
-Dissertation: *Physical Disability Trajectories from Midlife to Older Age in Adults With and Without diabetes: The Role of Biobehavioral, Psychosocial, and Cultural Mechanisms*

2003 碩士 國立台灣大學 健康政策與管理研究所
指導教授: 李蘭
-碩士論文: 國小四年級學童健康行為集群類型研究

2001 學士 國立台灣師範大學 健康促進與衛生教育學系
-大專生科技部專題研究論文: 半導體製造業職場健康促進現況與員工生活型態調查

AREAS OF SPECIALIZATION AND INTEREST

高齡健康促進、數位健康、資訊科技於高齡生活之應用與評價、失能年齡常模國際比較、長期追蹤資料分析、女性健康、高齡全人教育、中高齡疾病管理(糖尿病、失智、憂鬱)、新老人與勞動力創新、移動力與生物指標和疾病預防

HONORS AND AWARDS

2024 指導碩士班游鎮仰同學獲 2024 British Society of Gerontology, The Stirling Award

2024 獲美國賓州州立大學生物行為健康所 2024 優秀校友推薦

2023 指導醫學系陳亮妤同學獲成功大學「112學年度醫學院學生暑期研究-健康照護組」第一名

2023 指導醫學系陳亮妤同學獲「112年度科技部大專生專題研究計劃」補助

2023 指導心理系王甚閔同學獲「112年度科技部大專生專題研究計劃」補助

2022 International Research Excellence Citation Awards 2022.

2022 國立成功大學 110 學年度教學優良教師獎

2022 指導碩士班蔡怡萱同學獲 111 年度台灣老年學暨老年醫學會最佳演講論文獎

2021 財團法人成杏醫學文教基金會 2021 年成杏優秀論文獎

- 2021 指導藥學系胡嘉倩同學獲「110 年度科技部大專生專題研究計劃」補助
- 2021 國立成功大學醫學院 2019 年人文醫學組最佳論文獲獎人
- 2021 指導碩士班張恩瑜同學獲 2021 年臺灣人口學會碩博士論文獎
- 2021 指導藥學系胡嘉倩同學獲國立成功大學「109 學年度醫學院學生暑期研究-健康照護組」第二名
- 2020 財團法人成杏醫學文教基金會 2020 年成杏優秀論文獎
- 2020 指導羅苡暉同學獲「109 年度科技部大專生專題研究計劃」補助
- 2019 2019 年美國馬奎斯世界名人錄終身成就獎
- 2019 國立成功大學 107 學年度教學優良教師獎
- 2019 指導醫學系李孟鈴同學獲「財團法人健康科學文教基金會暨國家衛生研究院醫學系學生暑期研究計畫」補助
- 2019 指導楊敏嘉同學獲「108 年度科技部大專生專題研究計劃」補助
- 2019 107 學年度教學創新與教學成果-成果個人組 第二名(流行病學及研究設計導論)
- 2018 指導老年所花琳鈞、張恩瑜、孫意惟、李嘉瑋同學參加 107 年度新南向計畫-探究新加坡長期照護與藥事機構
- 2018 指導醫學系李孟鈴同學獲成功大學「107 學年度醫學院學生暑期研究-健康照護組」第一名
- 2018 財團法人成杏醫學文教基金會 2018 年成杏優秀論文獎-Understanding Older Adult's Technology Adoption and Withdrawal for Elderly Care and Education: Mixed Method Analysis from National Survey
- 2018 指導鄭雅云同學獲「財團法人健康科學文教基金會暨國家衛生研究院醫學系學生暑期研究計畫 FHS-NHRI Physician Scientists Cultivation Program」補助
- 2018 2018 Albert Nelson Marquis Lifetime Achievement Award
- 2018 國立成功大學 2016 年人文醫學組最佳論文獲獎人
- 2017 2017 國立成功大學 105 學年度教學優良教師獎
- 2017 2017 Albert Nelson Marquis Lifetime Achievement Award
- 2017 105 學年度教學創新與教學成果-成果個人組 佳作(大數據分析)
- 2017 指導杜業豐同學獲「成大醫院 105 年醫療科技研究計畫」研究精進組第三名
- 2016 指導醫學系陳彥儒同學獲成功大學「醫學院 105 學年度學生暑期研究」優選
- 2016 財團法人成杏醫學文教基金會 105 年度優秀論文獎
- 2016 指導碩士班林玕錚同學獲台灣老人學學會 2016 年優秀老人學領域碩士論文獎
- 2016 104 學年度教學創新與教學成果-成果個人組 佳作
- 2015 Marqu's Who's who Publication 2016
- 2015 TOP 100 EDUCATORS 2015
- 2015 臺綜大「年輕學者創新研究成果選拔」104 年度人文組佳作獎
- 2015 臺綜大「獎勵跨校短期研究」專題研究 104 年度補助
- 2015 指導醫學系周好璇同學獲成功大學「醫學院 104 學年學生暑期研究-健康照護組」優選
- 2015 台灣老年學暨老年醫學會 104 年度「雜誌最佳原著論文獎」第一名
- 2014 指導職治系王郁辰同學獲成功大學「醫學院 103 學年度學生暑期研究」優選

- 2014 指導職治系曾郁璇同學獲成功大學「醫學院 103 學年度學生暑期研究」優選
- 2014 財團法人成杏醫學文教基金會 2014 年非臨床醫學組優秀論文獎
- 2014 國立成功大學 102 學年服務學習課程績優教師
- 2014 國立成功大學 102 學年「服務學習課程」教學優等獎
- 2014 Marqu's Who's who Publication 2015
- 2014 指導碩士班曾靖珣同學獲成功大學教務處「102 學年服務學習課程心得徵文」貳獎
- 2014 國立成功大學「融入服務學習之專業課程創新教學設計徵選活動」貳獎
- 2013 醫學院 2013 年人文醫學組新人最佳論文獲獎人
- 2013 Marqu's Who's who Publication 2014
- 2013 指導碩士班李筱翎、莊婉君、鄭志新、林建均同學「第二屆 SAS 校園資料採礦競賽」最佳團隊合作獎
- 2013 指導碩士班吳尚德同學獲成功大學醫學院「研究生研究論文競賽」優勝
- 2013 指導碩士班徐瑜璟同學獲成功大學醫學院「研究生研究論文競賽」佳作
- 2012 指導碩士班徐瑜璟同學獲「101 年度行政院衛生署獎勵公共衛生學領域學生參與專題研究計畫」專題研究補助
- 2009 Citation Abstract Award, Society of Behavioral Medicine, 30th Annual Meeting and Scientific Sessions, April 22-25, 2009, Montreal, Quebec, Canada
- 2009 Meritorious Student Abstract Award, Society of Behavioral Medicine, 30th Annual Meeting and Scientific Sessions, April 22-25, 2009, Montreal, Quebec, Canada
- 2009 Outstanding Graduate Student Award (Graduate Student Scientific Achievement Award), Biobehavioral Health, The Pennsylvania State University
- 2008-09 Travel Award, College of Health and Human Development, The Pennsylvania State University
- 2008-09 Hintz Graduate Enhancement Fellowship Award, The Pennsylvania State University
- 2008-09 International Student Scholarship, International Student Office, The Pennsylvania State University
- 2007-08 Hintz Graduate Enhancement Fellowship Award, The Pennsylvania State University
- 2007 Tuition Waiver Award, Survey Research Center, Institute for Social Research, University of Michigan
- 2006 Teaching Assistant Scholarship, Department of Biobehavioral Health, The Pennsylvania State University
- 2000 Distinguished Student Award, National Taiwan Normal University

PROFESSIONAL WORKING EXPERIENCE

Research

- 2019.08-2023.07 國立成功大學 健康照護科學研究所 教授
- 2021.08-2023.01 國立成功大學 學生事務處學生活動發展組組長
- 2019.02-2019.07 國立成功大學產業服務與會議展覽中心主任
- 2016.02-2019.07 國立成功大學老年學研究所副教授

2011.08-2016.01 國立成功大學老年學研究所助理教授

- 2009-11 Research Associate, Department of Biobehavioral Health, The Pennsylvania State University, University Park, PA
- 2008-09 Research Assistant, *The role of social relationships and self-efficacy in diabetes management*, National Institute on Diabetes and Digestive and Kidney Disorders, R21-DK078894 (Linda A. Wray, PI)
- 2007-08 Research Assistant, *Latent growth curve models of cognitive aging*, National Institute on Aging, R01-AG021203 (Duane F. Alwin, PI)
- 2001-03 Research Assistant, *Child and adolescent behaviors in long-term evolution (CABLE): A school-based health lifestyle study*, National Taiwan University and National Health Research Institutes (NHRI), Taiwan
- 1999-01 Research Assistant, National Taiwan Normal University, Taiwan

Teaching

- 2016 高齡者的食物與營養(跨領域學分學程 104-2 主開)
大數據分析 (老年所選修 104-2 主開)
專題討論 (老年所必修 104-2 合開)
老年學實習(二) (老年所必修 104-2 合開)
老年學概論(公衛所在職專班 MPH 104-2 合開)
醫學科學研究 (老年學程選修 104-2 合開)
老化與生活綜論(跨領域學分學程 105-1 合開)
全球視野與溝通(醫學系選修 105-1 合開)
流行病學及研究設計導論 (老年所必修 105-1 主開)
醫學科學研究(二)(老年學程選修 104-2 合開)
論文(暑期研究 104-2 合開)
智慧型醫學資訊系統實作(資訊系選修 105-1 合開)
- 2015 老化與生活綜論(跨領域學分學程 104-1 合開)
流行病學及研究設計導論 (老年所必修 104-1 主開)
專題討論 (老年所必修 104-1 合開)
老年學實習(二) (老年所必修 104-1 合開)
New Perspectives in Interdisciplinary Gerontology Research(健照所 104-1 合開課程)
老年學實習(一) (老年所必修 103-2 合開)
全球視野與溝通(醫學系選修 103-2 合開)
醫學科學研究(二)(老年學程選修 103-2 合開)
高齡者的食物與營養(服務學習、跨領域學程 103-2 主開)
論文(暑期研究 103-2 合開)
專題討論 (老年所必修 103-2 合開)
- 2014 老化與生活綜論(跨領域學分學程 103-1 合開)
醫學科學研究(老年學程選修 103-1 合開)

	E 化老年生活社區健康促進 (老年所選修融入專業領域之服務學習課程 102-2、103-1 主開)
	全球老化和老年生活 (通識教育中心 102-2 主開)
	行為科學研究設計與統計 (老年所選修 102-2 主開)
	流行病學及研究設計導論 (老年所必修 103-1 主開)
	專題討論(老年所必修 102-2 合開、103-1 合開)
	老年學實習 (老年所必修 102-2、103-1 合開)
2013	行為科學研究設計與統計 (老年所選修 101-2 主開)
	專題討論(老年所必修 101-2 合開、102-1 合開)
	高齡健康與社會服務系統(老年所必修 101-2 主開)
	流行病學及研究設計導論(老年所必修 102-1 主開)
	English, Medicine, and Life (醫學系必修 101-2 合開，英授)
	Elderly Health and Care (健照所博士班 102-1 合開，英授)
	老年學實習 (老年所必修 101-2、102-1 合開)
2012	行為科學研究設計與統計 (老年所選修 100-2 主開)
	專題討論(老年所必修 100-2 主開、101-2 合開)
	高齡健康與社會服務系統(老年所必修 100-2 合開)
	慢性病流行病學(老年所選修 101-1 主開)
	Data management and analysis in health care(護理系國際班必修 101-1 合開，英授)
	老年學實習 (老年所必修 101-1 合開)
2011	慢性病流行病學 (老年所選修 100-1 主開)
	專題討論(老年所必修 100-1 主開)
	社會老年學(老年所必修 100-1 合開)
2010	Invited Lecturer, Department of Health and Wellness, University of North Carolina
	HWP 335- (Global) Health Communication
2006-08	Teaching Assistant and Lecturer, Department of Biobehavioral Health, The Pennsylvania State University
	BBH 119- Behavior, Health & Disease
	BBH 316- Foundations and Principles of Health Promotion
	BBH 416- Health Promotion II: Planning, Implementation, and Evaluation
	BBH 452/NURS 452- Women's Health Issues
2003-06	Health Education Teacher, Taipei Long-Men Junior High School, Taiwan

RESEARCH SUPPORT

Current

2023-2026	臺灣大齡單身者的生活型態樣貌與未滿足需求 (國科會優秀年輕學者計畫, Principal Investigator, NSTC 112-2628-H-006 -003 -MY3, 2,485,000)
2023-2024	以科技創造更包容的高齡與多文化社會：外籍看護工照顧不同高齡者狀況下生活支持、環境友善、與有品質的高齡照護永續研究 (國科會以包容為導向之科技計畫, Principal Investigator, NSTC 112-2425-H-006-005 - 4,000,000)

2023-2024	次世代高齡安全與活躍藍圖: 從嬰兒潮和 X 世代之行為和空間分析與健康傳播實證研究進行之社會設計(國立成功大學永續跨領域整合型計畫, Principal Investigator, 2,160,000)
2023-2024	由學生攜手社區之樂活老化滲透(PLease)教學實踐研究計畫: 健康成效評估(HIA)之運用(教學實踐研究計畫, Principal Investigator, 200,000)
Completed	
2023-2023	Developing a database for meeting needs of eHealth promotion among older adults with various lifestyle: The MOCHA (Middle-aged and older Chinese adults' health and actigraphy) study (WUN Global Research Group – SDGs in Asia 2023 Research Project Fund, Principal Investigator, 200,000)
2023-2023	The Pictures of the Newly Elderly: Innovations, Community Practices and Research investigationson Creative Aging through Bottom-up Needs Assessment and Cross-Generational Initiatives. (SATU-JRS 研究案成大延續補助計畫, Principal Investigator, 80,000)
2023-2023	從臨床到偏鄉社區: 偏鄉中高齡行為醫學資料建立與分析((臺灣綜合大學系統 112 年人文及社會科學跨校合作研究計畫 Principal Investigator, GM1104-98, 60,000)
2022-2023	探究邁入老年前女性之日夜節律樣態及其對科技輔助之睡眠健康促進需求與成效評估((科技部性別計畫 Principal Investigator, MOST 111-2629-B-006-002 -,470,000)
2021-2022	Incorporating VERITAS Data into the 50+ Lifestyle AI Database (Mitacs Globalink Research Award , Principal Investigator, 6,000)
2021-2022	高齡智慧科技與健康: 香薰光療在台灣、比利時、與丹麥之跨領域開發及跨國測試合作 (Principal Investigator, MOST 110-2923-B-006 -003 -, 1,250,000)
2021-2021	Aroma Light Therapy Organiser (Active and Assisted Living (AAL) Programme 歐盟「智慧健康長照計畫」, Principal Investigator , 2,284,568)
2020-2021	退休者生活品質、幸福感及福祉研究 (龍門計畫, co-investigator , 1,989,000)
2019-2022	以人工智慧重新定義幸福城市: 高齡者持續獨立之本土陪伴溝通跨語言機器人社會服務創新模式 (108-2627-M-006-004-, co-investigator, 5,000,000)
2019-2022	108 年度教育部新南向學海築夢計畫高齡社會中的醫療、智慧科技與循環經濟: 跨領域團隊在紐西蘭、泰國之見習計畫(H108-A078, Principal Investigator, 420,000)
2020-2021	當老年健康遇上跨境流動: 台灣、英國以及海島國家(中高齡華人健康)的比較研究 Intersection between migration and health in later life in a cross-border context: a comparative study in Taiwan, England and oceanic countries (Worldwide University Network 世界大學聯盟, Principal Investigator, 194,900)
2018-2021	台灣與日本中老年人口於健康及生活滿意度老化之年齡曲線跨國比較(Principal Investigator, MOST 107-2314-B-006 -055 -MY3, 3,138,000)
2018-2020	建置一個具多層次學習能力的居家照護機器人之後端推論機制--以銀髮族與糖尿病患者之陪伴與照護實證 (MOST 107-2634-F-006 -006 -)(co-investigator , 6,160,000)

2019-2019	長者健康促進政策實證暨資料整合計畫(MOHW108-HPA-H-114-000710, Principal Investigator, 860,000)
2016-2019	智慧聯網融入跨領域工程人才培育 (「跨領域工程教育人才培育與研究」計畫)--智慧型老人照護資訊科技教育人才培育 (「跨領域工程教育人才培育與研究」計畫) (MOST 105-2511-S-006-021-MY3)(co-investigator , 1,386,000)
2015-2018	建構領航國際之活躍老化監測暨決策支援系統-資料庫整合與加值分析暨專案管理計畫(子計畫一, Principal Investigator, 從失能看疾病與正常老化:醫療利用、生命歷程與健康不平等的角色)
2014-2017	社區老年人運用網路科技促進健康及預防疾病之先導性研究－需求、訓練與成效評估 (Principal Investigator, MOST 103-2314-B-006-038-MY3)
2014-2016	長者社群平台建立與使用對提高長者社交與社會參與之研究 (Principal Investigator, MOHW103-HPA-H-114-113102).
2015-2015	<i>Relationship between glycemic variability,treatment modality,and geriatric syndrome.</i> (院內計畫, co-investigator,120,000)
2015-2016	前瞻型橘色幸福科技國際深耕推廣普及計畫(子計畫六: <i>Advanced Investigation on Senior Community and Healthcare</i> , Principal Investigator , 250,000)
2014-2015	退休規劃與退休歷程對退休後健康狀況之影響(co-investigator)
2013-2014	糖尿病人「最小心理衛教」追蹤評估及憂鬱、血糖控制 與併發症之相關探討 (Principal Investigator, NSC 102-2314-B-006-075)
2012-2013	糖尿病診斷後 10 年憂鬱曲線及使用「最小心理衛教」介入高風險族群之效果評估, National Science Council, Taiwan (Principal Investigator (60% effort), NSC 101-2314-B-006-001-)
2013-2014	<i>Effects of health behaviors and psychosocial factors in modifying the impact of diabetes on physical and mental aging trajectories.</i> (Principal Investigator, Ministry of Education H101-A304; FD101037)
2012-2013	<i>Impairment of auditory verbal comprehension and Alzheimer's disease: from peripheral to central</i> , National Science Council, Taiwan (Co-Investigator (10% effort), NSC 101-2314-B-006-058-)
2012-2013	不同年齡、性別、種族、教育程度與生活型態影響糖尿病人在生理及認知功能老化之差異, 國立成功大學 人文社會科學中心, Principal Investigator (20% effort),
2011-2012	健康行為與社會心理因子影響罹患糖尿病中老年人在生理及心理認知功能老化之差異, 國立成功大學 人文社會科學中心 (Principal Investigator)
2011	<i>Cross-national Comparison of Aging Trajectories Related to Diabetes: The Epidemic and the Relationship between Lifestyle Factors and Socioeconomic Status</i> , Top University Project, National Cheng Kung University, Taiwan (Principal Investigator)
2008-09	Co-Investigator, <i>Trajectories of diabetes and physical function in older age in the United States and Taiwan</i> , Seed grant, Center on Population Health and Aging; parent, National Institute on Aging, P30-AG024395 (Linda A. Wray, PI)
2000-01	Principal Investigator, <i>Health Lifestyle of and Health Promotion Needs Assessment of Employees Working in Northern Taiwan</i> , National Science Council (NSC), Taiwan

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1. Kuo, P.C., Restinia, M., Lin, S.H., Jou, Y.H., & **Chiu, C.J.*** (2024, July). Exploring the association between sleep and health performance of migrant home care workers and elderly care recipients in Taiwan. *Home Health Care Services Quarterly*, 1-17. (SCI, Impact factor: 1.2, Rank= 99/118=83.89% in HEALTH POLICY & SERVICES)
2. Wu, T.K., Ku, L.J., Chang, J.H. **Chiu, C.J.**, Hu. S.C.* (2024, March) Working retirees in Taiwan: examining determinants of different working status after retirement. *BMC Geriatrics*. 24(1):224. (SCI, SSCI, Impact factor: 3.4, Rank= 12/47=25.53% in GERONTOLOGY)
3. **Chiu, C.J.***, Hou, S.Y., Wang, C.L., Tang, H.H., Kuo, P.C., Liang, S.F., Kuo, P.F. (2024, January) The middle-aged and older Chinese adults' health using actigraphy in Taiwan (MOCHA-T): Protocol for a multidimensional dataset of health and lifestyle. *BMC Public Health*. 24, 87 (SCI, Impact factor: 3.5, Rank= 84/403=20.84% in PUBLIC, ENVIRONMENTAL & OCCUPATIONAL HEALTH)
4. Hou, S.Y., **Chiu, C.J.***, Shea, J.L., Wang, C.L., Tang, H.H., Kuo, P.C., Yang, Y.C., Wu, C.H. (2024, January) Role of age, menopausal status, and symptoms in midlife women: Examination of sleep patterns and rest-activity circadian rhythms. *Sleep Medicine*.113:172-179 (SCI, Impact factor: 3.8, Rank=59/277(21.29%) in CLINICAL NEUROLOGY)
5. Hou, S.Y., **Chiu, C.J.***, Shea, J.L., Wang, C.L., Tang, H.H., MS, Kuo, P.C., Yang, Y.C., Hsu, H.P. (2024, Feb) Sleep and rest-activity rhythms for women at different menopausal statuses: The role of mental health. *MENOPAUSE-THE JOURNAL OF THE NORTH AMERICAN MENOPAUSE SOCIETY*. 1;31(2):138-144. (SCI, Impact factor: 2.8, Rank=33/136(24.26%) in OBSTETRICS & GYNECOLOGY)
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7. Tsai, T.H., Chuang, L.L., Lee, Y.J., **Chiu, C.J.*** (2023, Nov) Behavioral and Psychological Factors in Buffering Diabetes Related Disability Development. *Annals of Behavioral Medicine*. 16;57(12):1046-1057. (SSCI, Impact factor: 3.6, Rank=27/218(12.38%) in PSYCHOLOGY, MULTIDISCIPLINARY)
8. Chang, E.Y., **Chiu, C.J.***, Yang, W.L., Chen, S.Y.C. (2023, May) New image of growing old: A content analysis of books written by baby boomers in Taiwan. *International Journal of Qualitative Studies on Health and Well-Being*. 18(1), 2207926. (SSCI Impact factor: 2.1, Rank= 52/191=27.22% in NURSING)
9. Li, C.W., **Chiu, C.J.*** (2023) Incorporating gerontological and geriatrics information into picture books for 9-12 year-old children: A stakeholder engagement design. *Gerontology & Geriatrics Education*.44(1):102-117. (SCI, Impact factor:0.8, Rank= 488/756=64.55% in EDUCATION & EDUCATIONAL RESEARCH)

10. Wang, R. H., Hong, Y. W., Li, C. C., Li, S. L., Liu, J. L., Wu, C. H*, & **Chiu, C. J.*** (2022, September). Using social media data in diabetes care: bridging the conceptual gap between health providers and the network population. *BMC Primary Care*, 23(1), 241. (SCI, Impact factor:2, Rank= 101/325=31.07% in MEDICINE, GENERAL & INTERNAL)
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17. Tsai, Y. H., Chuang, L. L., Lee, Y. J., & **Chiu, C.J.*** (2021, Oct.). How Does Diabetes Accelerate Normal Aging? An Examination of ADL, IADL, and Mobility Disability in Middle-aged and Older Adults With and Without Diabetes. *Diabetes Research and Clinical Practice*, 182: 109114. (SCI, Impact factor: 6.1, Rank= 21/186=11.29% in ENDOCRINOLOGY & METABOLISM) Cite:1
18. **Chiu, C.J.***, Yang, M.C., Huang, C.C., Chang, C.M. (2021, Oct.) From disability to death: A 20-year follow-up from the Taiwan Longitudinal Study on Aging. *Clinical Interventions in Aging*. 16: 1813–1823. (SCI, Impact factor: 3.5, Rank= 29/74=39.18% in GERIATRICS & GERONTOLOGY)
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 25. Sun, C.Y., Yeh, C.Y., Zhao, Y., **Chiu, C.J.*** (2020, December) Can Individual Attitudes toward Aging Predict Subsequent Physical Disabilities in Older Taiwanese Individuals? A Four-Year Retrospective Cohort Study. *International Journal of Environmental Research and Public Health*. 18, 98.
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 27. **Chiu, C.J.***, Hu, J.C., Lo, Y.H., Chang, E.Y. (2020, July) Health Promotion and Disease Prevention Interventions for the Elderly: A Scoping Review from 2015–2019. *International Journal of Environmental Research and Public Health* 17(15), 5335.
 28. 陳柏宗,蘇玲玉,王雅婷,邱靜如 (2020 年 6 月) 活化閒置空間為高齡者日間照顧據點之研究-以閒置校舍為例。建築學報(112_S), 1-20. (TSSCI)
 29. **Chiu, C.J.**, Yu, Y.C., Du, Y.F.*, Yang, Y.C., Chen, J.Y., Wong, L.P., Tanasugarn, C. (2020, Jun) Comparing a Social and Communication App, Telephone Intervention, and Usual Care for Diabetes Self-Management: 3-Arm Quasiexperimental Evaluation Study. *JMIR mHealth*

- and uHealth 8(6):e14024. (SCI, Impact factor:5.4, Rank= 11/174=6.32% in HEALTH CARE SCIENCES & SERVICES) Cite:2
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 32. **Chiu, C.J.***, Kuo, S.E., Lin, D.C. (2019, Sep) Technology embedded health education on nutrition for middle-aged and older adults living in the community. *Global Health Promotion*.26(3):80-87. (SSCI, Impact factor:1.7, Rank= 260/403=64.51% in PUBLIC, ENVIRONMENTAL & OCCUPATIONAL HEALTH) Cite:9
 33. 蔡怡萱,邱靜如,朱宏杰* (2019 年 6 月), 台灣各縣市高齡者密度及公車資源之空間分析。台灣公共衛生雜誌。38(3):252-264。
 34. **Chiu, C.J.***, Wu, C.H. (2019, Jun) Information and communications technology as a health promotion method for older adults living in assisted living facilities: a three-arm group-randomized trial. *JMIR Aging*. 2(1):e12633. (SCI, Impact factor: 5, Rank=1/47(2.12%) in GERONTOLOGY)
 35. **Chiu, C.J.**, Du, Y.F.* (2019, May) Longitudinal Investigation of the Reciprocal Relationship between Depressive Symptoms and Glycemic Control: The Moderation Effects of Sex and Perceived Support. *Journal of Diabetes Investigation*. 10(3):801-808. (SCI, Impact factor:3.1, Rank= 85/186 =45.69% in ENDOCRINOLOGY & METABOLISM) Cite: 8
 36. **Chiu, C.J.***, Lin, Y.C. (2019, Mar) Spousal health and older adults' biomarker change over six years: Investigation of gender differences. *Archives of Gerontology and Geriatrics*.83: 44-49 (SCI, SSCI, Impact factor: 3.5, Rank= 29/74=39.18% in GERIATRICS & GERONTOLOGY) Cite:7
 37. **Chiu, C.J.**, Chou, Y.H., Chen, Y.J., Du, Y.F.* (2019, Feb) Impact of New Technologies for Middle-Aged and Older Patients: In-Depth Interviews with Type 2 Diabetes Patients Using the Continuous Glucose Monitoring. *JMIR Diabetes*. 4(1):e10992.
 38. **Chiu, C.J.***, Cheng, Y.Y. (2019, Feb) Utility of geriatric syndrome indicators for predicting subsequent health care utilization in older adults in Taiwan. *International Journal of Environmental Research and Public Health*. 16(3):456.
 39. **Chiu, C.J.***, Tasi, W.C., Yang, W.L., Guo, J.L. (2019, Feb) How to help older adults learn new technology? Results from a multiple case research interviewing the internet technology instructors at the senior learning center. *COMPUTERS & EDUCATION*. 129:61-70. (SCI, SSCI, Impact factor: 8.9, Rank= 3/756=0.39% in EDUCATION & EDUCATIONAL RESEARCH) Cite:16
 40. **Chiu, C.J.*** (2019, Jan.) Relationship Between Internet Behaviors and Social Engagement in Middle-Aged and Older Adults in Taiwan. *International Journal of Environmental Research and Public Health*. 16(3):416.

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42. **邱靜如***,陳怡婷,黃湘閔,林宇旋(2018 年 09 月),臺灣「中高齡健康與失能歷程資料庫」之建置介紹。健康科技期刊, 2018 Special Issue, 1-10。
43. 吳昌政,**邱靜如***,黃湘閔,呂宗學(2018 年 09 月),臺灣中老年人中風後生活功能的性別差異探討。健康科技期刊, 2018 Special Issue, 80-92。
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75. 李筱翎、**邱靜如***。台灣 50-64 歲中老年人邁向糖尿病前體重變化之軌跡-性別差異之探討，台灣老人學會第一屆研討會，台北，2013年5月。
76. **Chiu, C.J.** *, Hsu, T.-C. *Psychological Adjustment after diagnosis of Chronic Conditions: Identifying Distinct Trajectories among Different Chronic Conditions*. Paper, 34th Annual Scientific Meeting of the Society of Behavioral Medicine, San Francisco, CA, March, 2013.
77. Li, S.-L., **Chiu, C.J.** *, Lu, F.-H. *BMI Change Trajectory Before the Development of Diabetes for a Taiwanese Elderly Population :an 18-year follow-up study*. Poster, 34th Annual Scientific Meeting of the Society of Behavioral Medicine, San Francisco, CA, March, 2013.
78. 徐瑜璟、**邱靜如***。不同年齡層的中老年人在診斷有高血壓之後的憂鬱曲線變化，台灣公共衛生年會，台中，2012年10月。

79. **Chiu, C.J.** *, Lu, F.-H., Yang, Y.-C., Wu, J.-S., Li, S.-L., Wray, L.A., Beverly, E.A. *How Does Change in Depressive Symptomatology Influence Trajectories in Weight, Behaviors and Cognitive Function in Adults with Diabetes?* Poster, 65th Annual Scientific Meeting of Gerontological Society of America, San Diego, California, November, 2012.
80. **Chiu, C.J.** *, Wray, L.A., Beverly, E.A., Lu, F.-H. *Disentangling The Causal Relationship Between Depressive Symptoms and Glycemic Control.* Poster, 33rd Annual Scientific Meeting of the Society of Behavioral Medicine, New Orleans, Louisiana. April, 2012.
81. **Chiu, C.J.** *, Wray, L.A., Beverly, E. A. *Engaged lifestyle and psychological well-being prevent cognitive deterioration in middle-aged and older adults living with type 2 diabetes.* Paper, 64th Annual Scientific Meeting of Gerontological Society of America, Boston, MA, November 2011.
82. **Chiu, C.J.** *, Wray, L.A., Beverly, E.A. *BMI change trajectory before diabetes diagnosis: A 14-year investigation of U.S. middle-aged adults.* Poster, 32th Annual Scientific Meeting of the Society of Behavioral Medicine, Washington, DC, April 2011.
83. Wray, L.A., Alwin, D.F., Hofer, S.M., Zeiser, K.L., **Chiu, C.J.** * *The role of diabetes in cognitive decline in middle-aged and older Americans.* Paper, 32th Annual Scientific Meeting of the Society of Behavioral Medicine, Washington, DC, April 2011.
84. Beverly, E.A., Lacoce, C.L., **Chiu, C.J.**, Scanze, M.A., Gabbay, R.A., Wray, L.A. *Older Adults' Treatment Preferences for Type 2 Diabetes Care.* Poster, 32th Annual Scientific Meeting of the Society of Behavioral Medicine, Washington, DC, April 2011.
85. **Chiu, C.J.** *, Wray, L.A. *Diabetes-related change in physical disability trajectories from midlife to older adulthood in Taiwan.* Poster, 63rd Annual Scientific Meeting of Gerontological Society of America, New Orleans, LA, November 2010.
86. Wray, L.A., Franks, M.M., **Chiu, C.J.**, LaCoe C.L. *Social relationships, family support, self-efficacy, and diabetes behavior in adults with type 2 diabetes.* Symposium paper, 63rd Annual Scientific Meeting of Gerontological Society of America, New Orleans, LA, November 2010.
87. **Chiu, C.J.** *, Wray, L.A. *BMI trajectories in U.S. middle-aged and older adults living with diabetes and link with future disability trajectories.* Poster, 62nd Annual Scientific Meeting of Gerontological Society of America, Atlanta, GA, November 2009.
88. **Chiu, C.J.** *, Wray, L.A. *Gender differences in physical disability in adults living with type 2 diabetes: Biobehavioral and psychosocial mediators.* Paper, 62nd Annual Scientific Meeting of Gerontological Society of America, Atlanta, GA, November 2009.
89. Wray, L.A., **Chiu, C.J.**, LaCoe C.L., Beverly E.A. *Education, health, and disability in older age.* Symposium paper, 62nd Annual Scientific Meeting of Gerontological Society of America, Atlanta, GA, November 2009.
90. **Chiu, C.J.** *, Wray, L.A. *Gender inequality in trajectories of functional limitations in adults with type 2 diabetes: Biobehavioral and psychosocial mediators.* Paper, 30th Annual Scientific Meeting

of the Society of Behavioral Medicine, Montreal, Quebec, Canada, April 2009.

91. **Chiu, C.J.** *, Wray, L.A. *Gender inequality in functional limitations in adults living with type 2 diabetes: Biobehavioral and psychosocial mediators*. Paper, 5th Annual Research Retreat of the Penn State Institute for Diabetes and Obesity, State College PA, March 2009.
92. **Chiu, C.J.** *, Wray, L.A. *BMI trajectories in U.S. middle-aged and older adults with diabetes and their link to future disability trajectories*. Poster, 5th Annual Research Retreat of the Penn State Institute for Diabetes and Obesity, State College PA, March 2009.
93. **Chiu, C.J.** *, Wray, L.A. *From midlife to older adulthood: Are physical, mental, and behavioral trajectories different for adults with and without diabetes?* Symposium paper, 61st Annual Scientific Meeting of Gerontological Society of America, National Harbor DC, November 2008.
94. Wray, L.A., **Chiu, C.J.** * *Better glycemic control buffer the impacts of diabetes on cognitive functioning*. Poster, Penn State Gerontology Center, State College PA, April 2008.
95. **Chiu, C.J.** *, Wray, L.A. *Examination of mental and behavioral constructs in affecting glycemic control in middle aged and older adults with diabetes: An SEM approach*. Poster, Penn State Gerontology Center, State College PA, April 2008.
96. Wray, L.A., **Chiu, C.J.** * *Diabetes, Glycemic control and cognitive functioning: An 8-year population-based study*. Poster, 29th Annual Scientific Meeting of the Society of Behavioral Medicine, San Diego CA, March 2008.
97. **Chiu, C.J.** *, Wray, L.A. *A structural equation model linking depressive symptoms, healthy lifestyles, and glycemic control*. Poster, 29th Annual Scientific Meeting of the Society of Behavioral Medicine, San Diego CA, March 2008.
98. **Chiu, C.J.** *, Wray, L.A. *Predictors of glycemic control differ for middle-aged and older adults living with type 2 diabetes*. Paper, Penn State Gerontology Center, State College PA, November 2007.
99. **Chiu, C.J.** * Wray L.A. *Depressive symptoms, distal lifestyle behaviors, proximal lifestyle behaviors, and glycemic control in older adults: Structural equation analyses*. Poster, Research Retreat of the Penn State Diabetes Center, State College PA, November 2007.
100. **Chiu, C.J.**, Wray, L.A. *Causal patterns of glycemic control differ for middle-aged and older adults living with type 2 diabetes*. Symposium paper, 60th Annual Scientific Meeting of the Gerontological Society of America, San Francisco CA, November 2007.
101. **Chiu, C.J.** *, Wray, L.A. *The role of lifestyle modification and pharmacological on adherence in middle-aged and older adults living with type 2 diabetes*. Poster, 3th Annual Research Retreat of the Penn State Institute of Diabetes and Obesity, State College PA, April 2007.
102. **Chiu, C.J.** *, Wray, L.A. *Are meds sufficient for treating type 2 diabetes?* Poster, 22th Annual Penn State Graduate Exhibition, State College PA, March 2007.

INVITED PRESENTATIONS, LECTURES AND COLLOQUIA

- 2024 跨越人口差異：心理行為對幸福老年生活的魔法。臺南市政府客家事務委員會-伯公照護站 輔導課程。2024年6月13日
- 2024 New generations of older adults in Taiwan:gender, singleness, and lifestyle factors. Department of Human Sciences, Osaka University, 24 May, 2024
人間科学研究科臨床死生学.老年行動学講座
老いと死の研究ラボ
- 2024 如何幫助特教學生與高齡者溝通。崑山科大學伴研習計畫。2024年03月06日
- 2023 老人的失能常模？疾病與心理行為因子的角色。衛生福利部臺南醫院專題演講。2023年7月5日
- 2023 心理行為因子在認知的保護效果。中正大學 生理、心理、生活經驗與認知儲備研究群專題演講。2023年4月21日
- 2022 科技導入健康促進與自我管理。TASPAA台灣公共行政與公共事務系所聯合會政策白皮書圓桌會議。2022年9月25日。
- 2022 國科會計畫申請經驗分享座談會-高齡醫學相關研究。成功大學醫學院。2022年10月8日
- 2022 活躍老化理論與實踐。111年度臺南市政府教育局辦理樂齡學習專業人員(一般講師)培訓。2022年8月9日
- 2021 衛生福利部南區老人之家110 年老人福利機構專業人員訓練研習-長期之「疫」，用愛接力：疫情下與後疫情時代長期照顧服務新樣貌。2021年10月27日。
- 2019 Presentation Title: How information and communication technology help life in older adulthood? Perspectives and experiences from the elderly in Taiwan
Health Promotion and Genomics Lab, Department of Health and Kinesiology, Texas A&M University.2019.02.05
- 2019 International Research Conference on Engineering and Technology. Keynote speaker: The Evolution and Empirical Research of Technology Assisted Medical Care and Health Promotion in the Aged Society. 2019.01.09
- 2018 高齡社會中資訊科技如何幫助老年生活?—從台灣老人的視角和其經驗探討。中國南昌大學。2018 年 8 月 24 日
- 2018 臺灣老人學學會年會暨學術研討會。主持人:生理老化的社會影響與生理健康。2018年5月。
- 2018 樂齡退休生活。台北靈糧堂。2018年5月5日
- 2017 106年「博物館與臺灣史論文發表會」。與談人：博物館與高齡者觀眾參與。2017年7月
- 2017 老年人常見的心理疾病和其行為特徵。社團法人高雄市生命線協會。2017年5月
- 2017 高齡飲食健康促進。南臺樂齡大學。2017年5月

- 2017 老人健康促進。臺南市政府人事處屆退休公教員工關懷講座。2017年4月
- 2014 Invited Colloquium. The Biopsychosocial approach in gerontological research. Department of Public and Cultural Affairs, National Taitung University. 2014年12月
- 2014 健康行為與社會心理因子影響罹患糖尿病中老年人在生理及心理認知功能老化之差異。國立成功大學人文社會科學中心「高齡社會健康治理論壇」2014年6月
- 2012 The Greying Population and The Study of Aging. 接待美國喬治亞大學公衛學院海外遊學計劃成功大學訪問專題演講。2012年5月
- 2012 Conducting high value secondary dataset analysis. 成大健康加值應用中心專題演講 2012年2月
- 2011 Invited Colloquium. The Interplay of Biopsychosocial Factors and the Long-term Course of Physical and Mental Function among Adults with Diabetes. Department of Psychology, National Cheng Kung University. February.
- 2011 Invited Presentation. Improving Quality of Life of the Elderly Through Biopsychosocial Health Care Research. Health Policy and Management, National Taiwan University. January.
- 2011 Invited Colloquium. Health Trajectories from Midlife to Older Age in Adults with and without Diabetes: The Roles of Biobehavioral, Psychosocial, and Cultural Mechanisms. Department of Psychology, National Taiwan University. January.
- 2011 Invited Presentation. Physical Disability Trajectories for Adults With and Without Diabetes from Midlife to Older Adulthood: A Cross-National Comparison between the U.S. and Taiwan. Health Policy and Management, Chang Gung University. January.
- 2010 Invited Lectures. Global Public Health Communication. Department of Health and Wellness, University of North Carolina. December.